

# **SHOSHANNA KATZMAN, L.AC., DIPL. AC. & C.H., M.S., M.A.**

Red Bank Acupuncture & Wellness Center  
830 Broad Street, Suite A \* Shrewsbury, NJ 07702 \* (732) 758-1800  
www.healing4u.com \* rbac@comcast.net

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## **Professional Accomplishments**

- 1987-Present: **Red Bank Acupuncture and Wellness Center**, Tinton Falls, NJ, Founder & Director.
- 1998-Present: **New Jersey State Acupuncture Examining Board**, Current President.
- 2003-Present: **National Qigong Association** (NQA), Former President & Current Advisory Council Chairperson.
- 2005-2010: **Body + Soul Magazine**, Martha Stewart Omni Media, Editorial Advisor and Contributor.
- 2002-2004: **Brookdale Community College**, Lincroft, NJ, Adjunct Professor, Health & Fitness Department.
- 1995-97: **Feeling Light Seminars**, Little Silver, NJ, Co-founder of program that teaches people to incorporate holistic healing techniques for weight management and wellness.
- 1986-88: **East West Medical Center**, Philadelphia, PA; Acupuncturist in association with Philip Lansky, M.D., Homeopath.
- 1984-86: **Aptos Acupuncture Clinic**, Aptos, CA; Founder & Director.
- 1984-89: **East West Herbal Products, LTD**, Aptos, CA and Aberdeen, NJ; Owner.
- 1982-86: **Five Branches Institute of Chinese Medicine**, Santa Cruz, CA; Tai Chi Chuan and Qigong Instructor.
- 1982-86: **Tai Chi Chuan Academy**, Aptos, CA; Founder and Head Instructor.
- 1981-84: **Chabot College**, Hayward, CA; Faculty Member in Physical Education Department.

## **Education**

- Masters Program Graduate and Post Masters Student**, — The Christine Schenk Institute for applied Energy-Body Medicine, NYC, 1999 to Present.
- Master's of Science Degree in Acupuncture**, — Tri-State College of Acupuncture, NYC, 1999.
- Chinese Herbology Certification**, — 2 year Chinese Herbology Program with Ted Kaptchuk, PhD., OMD, Gautama Institute Philadelphia, PA, 1987-89.
- Bachelors of Professional Studies in Acupuncture**, — Tri-State College of Acupuncture, NYC, 1987.
- California State Approved Acupuncture Tutorial Program Graduate**, —, Supervision by Michael Tierra Andrews, OMD, in Santa Cruz, CA, 1981-85.
- Chinese Herbology Certification**, — 2 year Chinese Herbology Program with Subhuti Dharmananda, PhD., Institute for Traditional Chinese Medicine & Preventive Health Care, Santa Cruz, CA, 1982-83.
- Chinese Herbology Certification** — 2 year Chinese Herbology Program with Michael Tierra, OMD, East West Masters Course in Herbology, Santa Cruz, CA, 1982-84.
- Chinese and Western Herbology Graduate Studies**, — Platonic Academy of Herbal Studies, Santa Cruz, CA, 1982-84.

**Master of Arts in Sports Medicine**, — San Francisco State University, San Francisco, CA, 1979-81.

**Therapeutic Massage Certification**, — San Francisco Massage Institute, CA, 1974-75.

**Graduate Studies in Social Work**, — Adelphi University, Garden City, NY, 1973-74.

**Bachelor of Arts in Sociology**, — Hofstra University, Hempstead, NY, 1972.

**Associates Degree in Physical Education**, — University of Bridgeport, CT, 1970.

### **Certificates & Licenses**

National Commission for the Certification of Acupuncturists, Acupuncture Certificate, 1985 to present.

National Commission for the Certification of Acupuncturists, Herbology Certificate, 1994 to present.

New Jersey State Acupuncture Certification, 1987 to present.

Acupuncture Licenses in additional States: New York, California, Pennsylvania.

California Community Colleges Teaching Credential, 1981.

### **Professional Affiliations**

Women in Healthcare, NJ

American Association of Oriental Medicine, PA.

Acupuncture & Oriental Medicine Alliance, WA.

Acupuncture Society of Pennsylvania, Philadelphia, PA, former Board of Director.

New Jersey Acupuncture Association, NJ, former Board of Director.

Pacific Association of Women Martial Artists, CA.

National Qigong Association (NQA), MN, Lifetime Member.

American Botanical Council, TX.

### **Community Education Forums**

Holistic Healing, columnist, Educator, and Member, 1998-present, Quarterly articles on Oriental Medicine, lectures at Barnes & Noble, Borders, libraries, and other public venues.

“Women Healing Women” Annual Symposia, 1995-2003; Co-Founder, Organizer and Speaker. Keynote speakers have included Carolyn Myss, Coretta Scott King, Richard Simmons, and Dr. Christiane Northrup.

### **Publications**

Qigong for Staying Young: A Simple 20-Minute Workout to Cultivate Your Vital Energy, Avery, a member of Penguin Group (USA) Inc., 2003.

Feeling Light -The Holistic Solution to Permanent Weight Loss and Wellness, co-author, Avon Books, 1997.

Numerous articles published in regional & national print & internet media.