

## SHOSHANNA'S RADIO SHOWS FOR APRIL & MAY, 2007

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### ❖ Friday, April 6th at 8:00PM EST

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Topic: Balancing Your Energetics through Traditional Chinese Medicine

Chinese medicine is an ancient tradition of healing achieved through balancing the energetics of the body. This is accomplished through the techniques of acupuncture, Chinese Herbology, massage, and the movements of tai chi and qigong. Shoshanna will share information about how this is accomplished and why it is an essential aspect of one's plan for vital and complete health and healing. She has been a practitioner of Chinese medicine ways for over thirty years.

'Just Energy Radio' with Dr. Rita Louise

Listen to Just Energy Radio @ [www.justenergyradio.com](http://www.justenergyradio.com)

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### ❖ Saturday, April 7th at 9:00AM EST

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Topic: Qigong for Staying Young

Qigong is an ancient exercise from China practiced to create and maintain a healthy body, mind and spirit. It is comprised of gentle, flowing exercises that can be performed by anyone at any stage or level of ability. These exercises are known to retard the aging process and rebalance the body in a way to restore optimal health and wellness. Shoshanna has been practicing Qigong for thirty years and will share her first hand experience and love for this ancient art of exercise, relaxation, and vitalization.

Hosted by Parthenia S. Izzard, CNHP, Psychologist

[www.AMTherapies.com/radio%20shows.htm](http://www.AMTherapies.com/radio%20shows.htm)

Wellness, Wholeness & Wisdom Radio

WWDB 860 AM, 9:00am (Delaware Valley, PA)

Simulcast on [VoiceAmerica Radio's 7th Wave Network](#)

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### ❖ Wednesday, May 16th, at 3:00PM EST

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Topic: "How to Restore Your Vital Energy through Traditional Chinese Medicine"

Shoshanna will discuss the ancient Chinese healing modalities of Acupuncture, Acupressure, Qigong, Tai Chi and Chinese Herbology and how they can be used to balance and strengthen the flow of vital energy in the body to restore health and well being. These ancient techniques can provide you with a way to heal from a multitude of problems. They provide a safe, gentle and powerful way to maximize your innate ability to balance your energy system to resolve and ward off impending health challenges. Tune into this show to empower yourself with these precious healing ways that truly manifest positive results physically, mentally, energetically and spiritually in your life.

National Radio Talk Show host with Contact Talk Radio:

A Fresh Start with Sallie Felton

[www.salliefeltonlifecoach.com](http://www.salliefeltonlifecoach.com)

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**Learn more about Shoshanna and Red Bank Acupuncture &  
Wellness Center @ [www.healing4u.com](http://www.healing4u.com)**