



*Shoshanna Katzman is the founder and director of Red Bank Acupuncture and Wellness Center since moving to Red Bank in 1988. She has both a Master's degree in Sports Medicine and in Acupuncture and has been a practitioner of Tai Chi and Qigong for over thirty years. She loves being an acupuncturist, herbalist, tai chi and qigong teacher, energy body specialist, and author, being able to give in so many diverse ways. She also loves to be on television, radio and in print media.*

*Shoshanna spends her free time with her husband and three children, and when able to, will attend the ballet or theatre in NYC. Her daughter Hilary is an aspiring ballerina at age 16 and is living in Houston this year attending the Houston Ballet Academy. Shoshanna loves to watch her son Noah's baseball games, and loves watching Jared do computer graphics and listen to him play piano.*

*Shoshanna was ranked in tennis at age 10, was captain of her high school cheerleader squad, and was both captain of the high school field hockey and basketball teams. She also played these sports throughout college. She has five sisters which has lead her to her interest in women's health issues and is a loving, devoted daughter to two active and vibrant parents. Shoshanna was born and raised in a small town outside of Philadelphia called Wallingford where she rode her bicycle everywhere.*

